## Melissa's Villas

Everyone is very concerned about the Coronavirus and how to avoid exposure and stay safe. Based on the CDC, there is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed

to this virus. What a better way to avoid being exposed than a day at the beach. Start your day with us at Sunrise Yoga.

After Yoga, enjoy the wide beaches, refreshing surf, and sanitizing UV rays that St. Augustine beach has to offer.





You don't get any exposure

being on the pier; fishing, sunning, starring out to sea, totally mesmerized by the tranquility of the ocean.

Enjoy a lunch or evening in the open.

However, as a reminder, CDC always recommends everyday preventive actions to help prevent the spread of respiratory diseases, including:

• Avoid close contact with people who are sick.

No problem, open, airy beach, wonderful pool, outside dining at most of the fine eateries adjacent to our Condo.

• Avoid touching your eyes, nose, and mouth. You're on your own with this one, we can't help you here.

The beach has plenty of serum to help combat the virus



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